

SUNDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>6:40 am Attitude Adjustment (O) Alano Club-2584 Cyril Street Phone: Duncan 778-808-9323</p> <p>9:30 am LIBerTy Group (O) Gay/Lesbian Fellowship-All Welcome Alano Club – 2584 Cyril Street Phone Beth 604-351-6403</p> <p>12:00 Noon Daily Reflections (O) Alano Club – 2584 Cyril Street</p> <p>6:30 pm Sunday Night Serenity (O) Level Ground Church 31216 King Rd (Next to Kinghaven) Phone Mike J 778-246-3487</p>	<p>6:40 am Attitude Adjustment (O) Alano Club -2584 Cyril Street Phone: Dave 778-908-6670</p> <hr/> <p>12:00 Noon Daily Reflections (O) Alano Club - 2584 Cyril Street</p> <hr/> <p>2:00 pm 12 X 12 Step Group (O, WA) Abbotsford Social Activities Assn. 33889 Essendene Avenue Phone Rick C 604-317-4042</p> <hr/> <p>7:30 pm Friends in Need (O/WA) ARHCC Hospital, 32900 Marshall St Learning Centre, Room #3C</p> <hr/> <p>7:30 pm Happy Hour (O) Women only Trinity Church, 33737 George Ferguson Way Phone Cylena 778-809-8595</p> <hr/> <p>8:00 pm Clearbrook Group (O) Alano Club, 2584 Cyril Street Phone Jonathan 604-226-0877</p> <hr/> <p>8:00pm Sober Punjabi Group (O) Level Ground Church 31216 King Rd. (Next Door To Kinghaven) Phone: Ranjit 604-300-5313</p>	<p>6:40 am Attitude Adjustment (O) Alano Club -2584 Cyril Street Phone: Dave 778-908-6670</p> <hr/> <p>7:00 am Breakfast Club (O/WA) Note: Breakfast at 6:30 am Roseland Restaurant 33550 South Fraser Way Phone: Don 604-854-8146</p> <hr/> <p>12:00 Noon Daily Reflections (O) Alano Club -2584 Cyril Street</p> <hr/> <p>12:00 Noon Women of Promise (WA) C = Closed, Women Only Seven Oaks Alliance Church 2575 Gladwin Road Community Room (at back of church facing school)</p> <hr/> <p>5:30 pm As Bill Sees It (O) Alano Club, 2584 Cyril Street Phone Attila F 604-854-5194</p> <hr/> <p>8:00 pm Wednesday Night Discussion (O/WA) Peace Lutheran Church 2029 Ware Street</p> <hr/> <p>8:00 pm Red Road Group (O) 2788 Sumas Road Phone Mike 778-808-1760</p> <hr/> <p>8:00 pm Abby Punjabi Speaking Mtg (O) Unit 1B, 2760 Emerson, Upper Level Phone Gurdeep 604-614-5406</p> <hr/> <p>7:30 pm Old Fashioned AA Group O/WA Abbotsford Seniors Assn,2631 Cyril Street Dwayne L 604-226-0119</p>	<p>6:40 am Attitude Adjustment (O) Alano Club -2584 Cyril Street Phone: Dave 778-908-6670</p> <hr/> <p>12:00 Noon Daily Reflections (O) Alano Club - 2584 Cyril Street</p> <hr/> <p>7:30 pm Lucky People (O) Abby Seniors Assn, 2631 Cyril Street Phone Wendy B 604-852-3812</p> <hr/> <p>7:30 pm Lego (O/WA) Salvation Army Café - 34081 Gladys Ave Phone: Greg 604-825-3812</p> <hr/> <p>8:00 pm Matsqui Village Group (O/WA) Matsqui Community Hall 5783 Wallace St, Matsqui Village Phone Wayne 604-850-2405</p> <hr/> <p>8:00 pm Freedom From Bondage (O/WA) Legacy Building, Exhibition Park 32470 Haida Drive, Gate 1 (Off Trethewey Street) Phone Chet 604-504-0200</p>
MONDAY			
<p>6:40 am Attitude Adjustment (O) Alano Club -2584 Cyril Street Phone Dave 778-908-6670</p> <p>12:00 Noon Daily Reflections (O) Alano Club -2584 Cyril Street</p> <p>5:30 pm As Bill Sees It (O) Alano Club, 2584 Cyril Street Phone Attila F 604-854-5194</p> <p>7:00 pm Monday Back to Basics (O) Immanuel Fellowship, 2950 Blue Jay St Phone Kerry D 604-226-6075</p> <p>8:00 pm AAction Big Book Study (C/WA) Calvin Presbyterian Church 33911 Hazelwood Avenue, On Hwy 11 Phone Marlene 604-751-6210</p> <p>8:00 pm Monday Night Beginners O/WA Gladwin Heights United Church 3474 Gladwin Road</p>	<p>7:30 pm Friends in Need (O/WA) ARHCC Hospital, 32900 Marshall St Learning Centre, Room #3C</p> <hr/> <p>7:30 pm Happy Hour (O) Women only Trinity Church, 33737 George Ferguson Way Phone Cylena 778-809-8595</p> <hr/> <p>8:00 pm Clearbrook Group (O) Alano Club, 2584 Cyril Street Phone Jonathan 604-226-0877</p> <hr/> <p>8:00pm Sober Punjabi Group (O) Level Ground Church 31216 King Rd. (Next Door To Kinghaven) Phone: Ranjit 604-300-5313</p>	<p>5:30 pm As Bill Sees It (O) Alano Club, 2584 Cyril Street Phone Attila F 604-854-5194</p> <hr/> <p>8:00 pm Wednesday Night Discussion (O/WA) Peace Lutheran Church 2029 Ware Street</p> <hr/> <p>8:00 pm Red Road Group (O) 2788 Sumas Road Phone Mike 778-808-1760</p> <hr/> <p>8:00 pm Abby Punjabi Speaking Mtg (O) Unit 1B, 2760 Emerson, Upper Level Phone Gurdeep 604-614-5406</p> <hr/> <p>7:30 pm Old Fashioned AA Group O/WA Abbotsford Seniors Assn,2631 Cyril Street Dwayne L 604-226-0119</p>	<p>8:00 pm Matsqui Village Group (O/WA) Matsqui Community Hall 5783 Wallace St, Matsqui Village Phone Wayne 604-850-2405</p> <hr/> <p>8:00 pm Freedom From Bondage (O/WA) Legacy Building, Exhibition Park 32470 Haida Drive, Gate 1 (Off Trethewey Street) Phone Chet 604-504-0200</p>
Al-Anon or Alateen			
<p><u>FAMILY & FRIENDS OF ALCOHOLICS</u> In cooperation with, but not affiliated: If someone's drinking is affecting you Al-Anon or Alateen could help you. Women: Call Louise 604-855-1942 or Rose 604-870-9774 Men: Call Jan 604-864-2717</p>			
<p><u>LISTING INFORMATION CAN CHANGE:</u> If you are new, we recommend checking our website or calling our hotline first to ensure that the group meeting information is current. 604-615-2911 www.abbotsfordaa.org</p>			