

## Monday

### 6:40 am Attitude Adjustment (O)

Alano Club 2584 Cyril St. Al 604-807-8483

### 12:00 pm Daily Reflections (O)

Alano Club 2584 Cyril St.

### \*7:00 pm Back to Basics (O)

7 Oaks Alliance Church 2575 Gladwin Rd. (side soor entrance across mall) Lisa 604-302 5154

### 7:00 pm Monday Night Beginners (O/WA)

\*Alano Club 2584 Cyril St.

Brad R. 604-864-5420

### 8:00 pm AAction Big Book Study (C/WA)

Calvin Presbyterian Church. 33911 Hazelwood Ave. Near Hwy 11. Rick I 604-308-4730

## Tuesday

### 6:40 am Attitude Adjustment (O)

Alano Club 2584 Cyril St. Al 604-807-8483

### 12:00 pm Daily Reflections (O)

Alano Club 2584 Cyril St.

### 2:00 pm 12 X 12 Step Group (O/WA)

2631 Cyril St.

\*6:00pm 11<sup>th</sup> Step Meditation (O)

Alano club (upstairs)

Kenley 604-835-2448

### 7:30 pm Ladies Happy Hour (O) W only.

Trinity Church 33737 George Ferguson Way. For Zoom access please call Sara S 778-345-9641/Angelique V 604-825-4783

### 7:30 pm Clearbrook Podium Group (O)

Alano Club 2584 Cyril St. Alex 778-779-4552

### 8:00 pm Sober Punjab Group

Level Ground Mennonite Church 3126 King Rd. Raju 604-825-8287

## Wednesday

### 6:40 am Attitude Adjustment (O)

Alano Club 2584 Cyril St. Al 604-807-8483

### 8:00 am Breakfast Club (O/WA)

Roseland Restaurant 33550 S. Fraser Way. Don 604-308-7326

### 12:00 pm Daily Reflections (O)

Alano Club 2584 Cyril St.

### 12:00 pm Women of Promise (C/WA)

7 Oaks Alliance Church, 2575 Gladwin Rd. Community room. Back facingschool. Tanya 604-557-6829

### 8:00 pm Wed. Night Discussion (O/WA)

Peace Lutheran Church 2029 Ware St.

### 8:00 pm Red Road Group (O)

2788 Sumas Rd. Mike 788-808-1760

## Thursday

### 6:40 am Attitude Adjustment (O)

Alano Club 2584 Cyril St. Al 604-807-8483

### 12:00 pm Daily Reflections (O)

Alano Club 2584 Cyril St.

### 7:00 pm Hand of AA (O)

Alano Club 2584 Cyril St. Corey 778-240-4971

### 7:30 pm Steps to Recovery (O)

Greeter will let ppl in. Salvation Army 34081 Gladys Ave. ICBC Room, Anjan 778-991-8040

### 8:00 pm Matsqui Village Group (O/WA)

Matsqui Community Hall 5783 Wallace St. Matsqui Village. Wayne 604-850-2405

## Friday

### 6:40 am Attitude Adjustment (O)

Alano Club 2584 Cyril St. Al 604-807-8483

### 12:00 pm Daily Reflections (O)

Alano Club 2584 Cyril St.

### 8:00 pm Friday Night Big Book (O)

Trinity Memorial United Church  
33737 George Ferguson Way  
Back Lower Level of Church  
Dave 604-751-1402 or Matt 403-807-8483

### 8:00 pm Friday Night Men's Group (C, M)

Alano Club 2584 Cyril St. Bryan 778-878-1737

## Saturday

### 6:40 am Attitude Adjustment (O)

Alano Club 2584 Cyril St. Al 604-807-8483

### 12:00 pm Daily Reflections (O)

Alano Club 2584 Cyril St.

### 8:00 pm Sober Punjab Group (O)

Level Ground Mennonite Church  
31216 King Rd. Ranjit 604-300-5313

## Sunday

### 6:40 am Attitude Adjustment (O)

Alano Club 2584 Cyril St. Al 604-807-8483

### 12:00 pm Daily Reflections (O)

Alano Club 2584 Cyril St.

### 7:00 pm Sunday Night Promises (O)

Abbotsford Social Activities Assn. 2631 Cyril St. Jenny F. 604-302-8027

\*8:00 pm Sunday Night Jay Walkers  
Into Action Treatment Center

## ONLINE MEETINGS

### 8:00 pm The Grateful 8ight (O)

Every night at 8pm

Zoom Link: <https://us04web.zoom.us5909729769>

Meeting ID: 590 972 9769

Password: 631534

Landline Call: 1-788-907-2071

When prompt enter Meeting ID 590 972 9769

When prompt push # and then when prompt again push # (pound key)

MORE ZOOM MEETINGS ON THE AA WEBSITE AT:

[www.abbotsfordaa.org](http://www.abbotsfordaa.org)

- Coffee Making
  - Big Book Reading
  - Chip Collecting
  - Meeting Chairing
  - Sponsor Calling
  - Message Sharing
  - Principle Applying
  - Fellowshiping
  - 12 Step Working
  - 12 Tradition Following
  - Newcomer Hugging
  - 100% Sober
- Member of 

