DISTRICT 39 BUSINESS MEETING

Third Tuesday of the month
Alano Club (upstairs), 6pm -7pm
Everyone Welcome! Doors open at 5:30pm

WHAT IS DISTRICT?

AND WHERE DO YOU FIT?

Open Positions

- Archives
- Corrections
- Grapevine
- Newsletter
- Website

OUR 7TH TRADITION ENABLES THIS WORK

BEFORE YOU TAKE THAT FIRST DRINK, CALL:

Name	Contact Number

Alcoholics Anonymous District 39
Mailing Address
Suite 125, Unit 4—32465 South Fraser Way
Abbotsford, BC V2T 0C7
https://abbotsfordaa.org

ALCOHOLICS ANONYMOUS

Abbotsford Meeting List

November 2026

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

24-HOUR HOTLINE

604-615-2911

Ask about Treatment Centres
Ask about Corrections Meetings

MEETINGS BETWEEN MEETINGS

- **Online Meetings**

https://aa-intergroup.org

- **Our Primary Purpose Podcast**

https://aa.org/gso-podcast

- **AA Grapevine Half-Hour Variety Hour**

And Grapevine's NEW Weekly Open AA Meetings
https://www.aagrapevine.org/podcasts

MONDAY
6:40 am Attitude Adjustment (O)
Alano Club 2584 Cyril St. Al 604-807-8483
12:00 pm Daily Reflections (O)
Alano Club 2584 Cyril St.
***5:30 pm Back to Basics (O)**
Alano Club 2584 Cyril St. Lisa 604 302 5154
7:00 pm Monday Night Beginners (O/WA)
*Alano Club 2584 Cyril St. Brad 604-864-5420
8:00 pm AAction Big Book Study (C/WA)
Calvin Presbyterian Church, 33911 Hazelwood Ave near Hwy 11. Rick 604-308-4730

TUESDAY
6:40 am Attitude Adjustment (O)
Alano Club 2584 Cyril St. Al 604-807-8483
12:00 pm Daily Reflections (O)
Alano Club 2584 Cyril St.
2:00 pm 12 & 12 Step Group (O/WA)
2631 Cyril Street
7:30 pm Ladies Happy Hour (O, W)
Trinity Church 33737 George Ferguson Way
Louise T 604-418-9858
7:30 pm Clearbrook Podium Group (O)
Alano Club 2584 Cyril St. Alex 778-779-4552
8:00 pm Sober Punjabi Group
Level Ground Church, 31216 King Rd. Raju 604-825-8287

WEDNESDAY
6:40 am Attitude Adjustment (O)
Alano Club 2584 Cyril St. Al 604-807-8483
8:00 am Breakfast Club (O/WA)
Ricky's Restaurant, 32080 Marshall Rd, Don 604-308-7326
12:00 pm Daily Reflections (O)
Alano Club 2584 Cyril St.
12:00 pm Women of Promise (C/WA)
7 Oaks Alliance Church 2575 Gladwin. Tanya 604-557 6829
Community room, at back of church, facing school.
8:00 pm Wednesday BB Discussion (O/WA)
Alano Club 2584 Cyril St., Sean P: 778-241-8486
8:00 pm Red Road Group (O)
2788 Sumas Rd. Mike 788-808-1760

THURSDAY
6:40 am Attitude Adjustment (O)
Alano Club 2584 Cyril St. Al 604-807-8483
12:00 pm Daily Reflections (O)
Alano Club 2584 Cyril St.
7:30 pm Steps to Recovery (O)
Salvation Army 34081 Gladys Ave, ICBC room
Greeter will let people in. Anjan 778-9918040
7:00pm Matsqui Village Group (O/WA)
Matsqui Comm Hall 5783 Wallace St. Wayne 604-850 2405

FRIDAY
6:40 am Attitude Adjustment (O)
Alano Club 2584 Cyril St. Al 604-807-8483
12:00 pm Daily Reflections (O)
Alano Club 2584 Cyril St.
7:30 pm Life Recovery (O/WA) Women only
2693 Braeside Street, 604-855-4440
8:00 pm Friday Night Big Book (O)
Trinity Memorial Church, 33737 George Ferguson Back, Lower level. Dave 604-751-1402 or Matt 403-807-8483
8:00 pm Friday Night Men's Group (C/M)
Alano Club 2584 Cyril St. Bryon 778-878-1737

SATURDAY
6:40 am Attitude Adjustment (O)
Alano Club 2584 Cyril St. Al 604-807-8483
12:00 pm Daily Reflections (O)
Alano Club 2584 Cyril St
8:00 pm Sober Punjabi Group (O)
Level Ground Church, 31216 King Rd. Ranjit 604-300-5313
8:00 PM: Kinghaven (O/WA)
31250 King Road, Abbotsford, BC
Phone: 604-864-0039

SUNDAY
6:40 am Attitude Adjustment (O)
Alano Club 2584 Cyril St. Al 604-807-8483
12:00 pm Daily Reflections (O)
Alano Club 2584 Cyril St
7:00 pm Sunday Night Promises (O)
Abbotsford Social Activities Assn. 2631 Cyril St.
Jenny F 604-302-8027
8:00 Sunday Night Jay Walkers (O)
Into Action Treatment Center
6705 Satchell St., Abbotsford, BC

ONLINE MEETINGS – Every night
8:00 PM The Grateful Eight (O)
Zoom Meeting ID: 590-972-9769
Password: 631534
Landline Call 1-788-907-2071
When prompt enter Meeting ID 590-972-9769
When prompt push # and then when prompt again, push # (pound key)

Directory Legend
O =	Open (everyone welcome)
C =	Closed (anyone who has a desire to quit drinking)
WA =	Wheelchair Access
M =	Men Only
W =	Women Only
* =	Meeting Change

NEW: AA has acquired the **Everything AA** app which provides A.A. information and literature.

Also, check out the **Meeting Guide App**
https://www.aa.org/meeting-guide-app

Al-Anon or Alateen
Women: Call Louise 604-855-1942
Men: Call Jan 604-864-2717